



The VR Experience

I see _____

and I feel _____

because _____

With my VR Glasses, I now see

1

I see _____

and I feel _____

because _____

With my VR Glasses, I now see

2

I see _____

and I feel _____

because _____

With my VR Glasses, I now see

3

I see _____

and I feel _____

because _____

With my VR Glasses, I now see

4

I see _____

and I feel _____

because _____

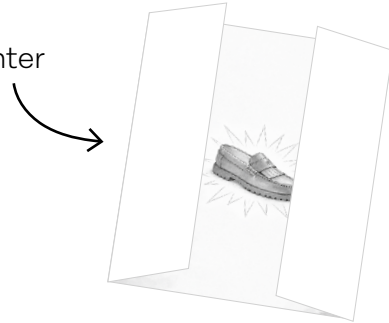
With my VR Glasses, I now see

5

The VR Experience

Fold VR Scene sheets as shown so only the center image shows.

Put students into pairs.
Give each pair 5 folded VR Scene sheets.



Round 1

They look at the front. Analyze and fill in column 1.

Round 2:

Now they unfold the page to reveal the full scene (more people, context, details).

“What do you see now?”

Takeaway

At first glance, we see just one piece—usually ourselves. But if we “step out of ME,” we start to notice the bigger picture—other people, their feelings, their stories.

The greater a person is, the more he expands his circle of focus to include others. Smaller Person= narrow, self-centric view vs. Greater Person=expanded vision outside himself

שהאיש השלם...ירגיש שכל העולמות כולם הוא ה'אני' שלו

A wholesome person truly feels that everyone is included in his 'Me.'

והוא בעצמו רק כאבר קטן בתוך הבריאה כלה

He realizes that he is but a small piece of a world so much larger than himself

A fully developed person learns to define “I” not as my personal self, but as a broader identity that includes others and the world—while seeing myself as only a small part of that greater whole.

The V'Ahavta Reality:

Stepping out of ME to really SEE